



The 2003 Council Recommendation on Cancer Screening and the European Initiative on Breast Cancer

**Conference "Putting Science into Standards"
Ispra 20-21 October 2015**

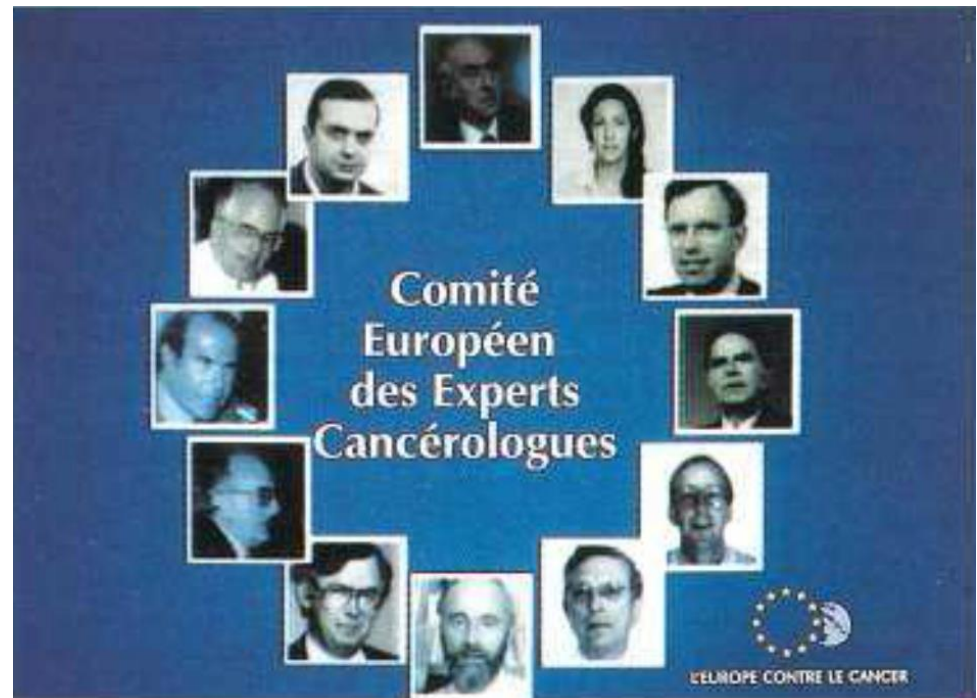
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European
Commission

30 years of EU action against cancer

- **1985** - European Council in Milan, the Heads of State decide to launch **the first "Europe Against Cancer" programme**
- The **first 'European Action Plan Against Cancer'** adopted for 1987-1989 and the Second for 1990-1994



EU added value in the field of cancer

Support to Member States

Prevention of Cancer - Primary Prevention (including work on health determinants)

Secondary Prevention/Screening (Guidelines, European Initiative on Breast Cancer)

Cancer Data and Information

Research



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European Partnership for Action Against Cancer



Aim: Integrated cancer plans in all Member States to contribute to reducing the cancer burden in the EU – Target: 15% incidence reduction by 2020. *25 of the 28 Member States had a plan or strategy by 2014.*

EPAAC Cancer joint action (2010-2013)

- Health Promotion and **cancer prevention**, including screening,
- Identification of best practice in cancer-related **healthcare**,
- The collection and analysis of comparable **data** and information,
- A coordinated approach to cancer **research**.

CanCon Joint Action - Workpackages



1. Coordination
2. Dissemination
3. Evaluation
4. **Guide**
5. **MS Platform**
6. **Integrated Cancer Control**
7. **Community level cancer care**
8. **Survivorship**
9. **Screening**

Cancer Risk Factors



- **Addressing the major risk factors:** tobacco, alcohol, nutrition and physical activity
- EU **tobacco control policy** – Tobacco products and advertising, second-hand smoke, campaigns.
- **Occupational and environmental factors**, such as exposure to carcinogenic and mutagenic substances, and air quality.
- Focus on prevention of occupational diseases, including cancer in the EU Strategic Framework on **Health and Safety at Work** 2014-2020
- Specific EU regulations on the **protection of workers from the risks related to exposure to carcinogens or mutagens at work**

European Code Against Cancer

12 WAYS TO REDUCE YOUR CANCER RISK

You are here: [Home](#)

 [Print the Code](#)

1. Do not smoke. Do not use any form of tobacco.



2. Make your home smoke free. Support smoke-free policies in your workplace.



3. Take action to be a healthy body weight.



4. Be physically active in everyday life. Limit the time you spend sitting.



5. Have a healthy diet:

- Eat plenty of whole grains, pulses, vegetables and fruits.
- Limit high-calorie foods (foods high in sugar or fat) and avoid sugary drinks.
- Avoid processed meat; limit red meat and foods high in salt.



www.cancercode.eu



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Screening – 2003 Recommendation

- In December 2003, **the Council adopted a Recommendation on cancer screening.**
- sets out principles of best practice in the early detection of cancer.
- invites Member States to take common action to implement national population-based screening programmes for **breast, cervical and colorectal cancer,**
- with appropriate **quality assurance** at all levels.

Guidelines



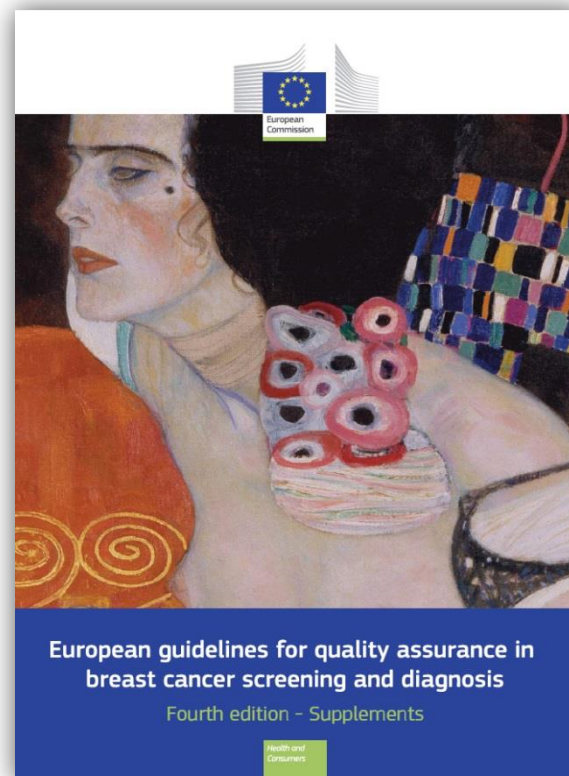
To assist Member States with the implementation of screening programmes, the Commission has published European Guidelines for quality assurance in **breast, cervical and colorectal** cancer screening.

Supplements

Fourth Edition

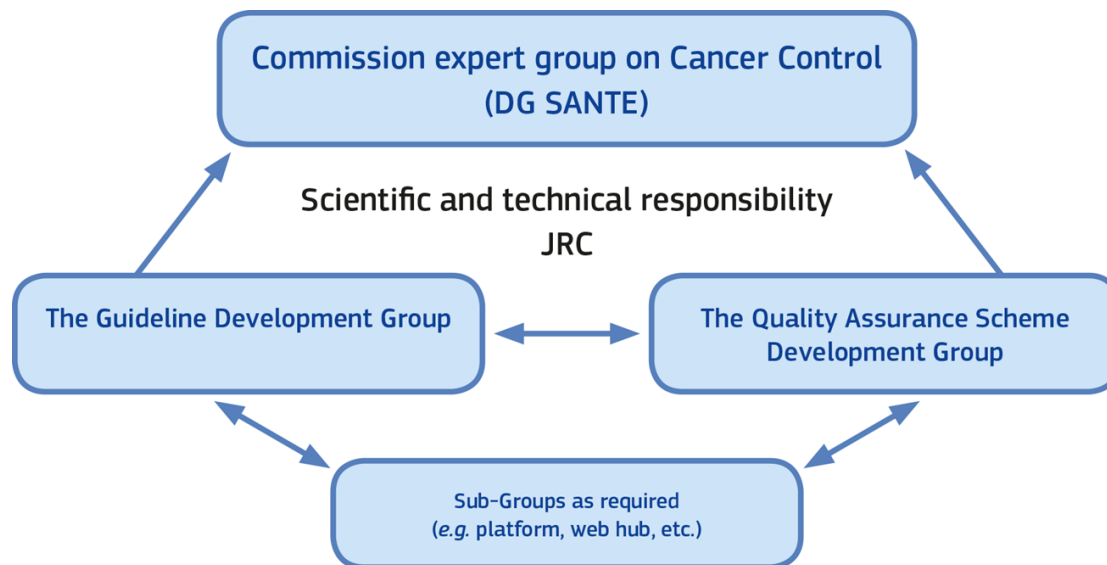
Guidelines on Breast Cancer
Screening and Diagnosis

(published 2013)



European Commission Initiative on Breast Cancer

- Implemented by the Joint Research Centre
- The project will develop the **new version of the European Guidelines** for Quality Assurance in Breast Cancer Screening and Diagnosis
- And a voluntary European **Quality Assurance** scheme for Breast Cancer Services underpinned by accreditation and evidence-based guidelines



Next Steps - ECIBC



Guidelines Development Group

Provides evidence to
Quality Assurance
Scheme

Quality Assurance Scheme Development Group

Supports guidelines
implementation



Structural cooperation between the 2 working groups



Policy coordination - Expert Group on Cancer Control

The European Commission **Expert Group** on Cancer Control, was established by a Commission Decision in June 2014.

The Group provides **advice** and **expertise** to the Commission:

- preparation of legislative proposals and policy initiatives (Commission's right of initiative)
- the implementation of existing EU legislation, programmes and policies.

Members:

Member States, Patients' Representatives, NGOs (prevention), scientific societies, as well as industry and WHO/IARC

Issues for the future

- *Cross border health services*
- *Screening and early diagnosis – scope, cancer sites, guidelines*
- *Survivorship and Rehabilitation*
- *Personalized Medicine*

Thank you!

<http://ec.europa.eu/health>